

# Neuropsychology Services at HRC

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## What is Neuropsychology?

A neuropsychologist specializes in the assessment of brain-behavior relationships as well as the treatment of individuals who are having difficulty with their typical daily activities like work or caring for themselves or their family due to a medical or neurological condition.

## What to expect

- Evaluation focused on specific referral questions
- Verbal feedback shortly after the testing is complete
- Concise and timely written reports
- Recommendations, as requested, based on strengths and weaknesses
- Documentation of changes over time
- Physician and family follow-up and consultation

## Reasons to refer

### Concerns about:

- Memory loss
- More trouble than usual
  - ◊ Concentrating
  - ◊ Finding words
  - ◊ Organizing daily tasks
  - ◊ Making decisions
- Work performance
- Managing financial affairs
- Recovery and adjustment after illness or trauma
- Behavioral problems
  - ◊ Impulsivity or poor judgment
  - ◊ Agitation or restlessness
- Mood and affect changes
  - ◊ Increased irritability
  - ◊ Feelings of sadness or anxiety
  - ◊ Loss of meaning

### History of:

- Attention problems
- Loss of consciousness
- Traumatic brain injury
- Stroke (CVA)
- Substance dependence
- Diabetes
- Seizure disorder
- HIV disease
- Personality change
- Chronic mental illness
- Declining performance

## Available Services:

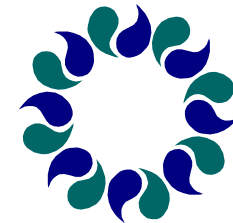
### Neuropsychological Evaluations

- Screening
- Full evaluation
- Adult ADHD evaluation
- Psychoeducational evaluation
- Guardianship evaluation
- Independent Living Skills
- Establish baseline neurocognitive capacity

### Neurocognitive & Memory Enhancement Strategies

# Neuropsychology Services

## Assessment & Treatment



## HRC Behavioral Health & Psychiatry, PA

**Mareah C. Steketee, PhD**  
Licensed Psychologist  
Clinical Neuropsychologist

## HRC Behavioral Health & Psychiatry, PA

A choice for quality and security; a choice for competence, experience, individual attention, and feedback. HRC has been providing clinical, consultation, and programmatic services for over 30 years

### FOR FURTHER INFORMATION CONTACT:

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### **Mareah C. Steketee, PhD**

is a licensed clinical psychologist with specialty training in neuropsychology and health psychology. She is a graduate of the California School of Professional Psychology and has been in private practice offering neuropsychology services, DBT Skills Groups, and individual therapy at HRC since 2002. She has longstanding interests in neuroscience and mindfulness, which she incorporates into her orientation to assessment and treatment.