***Available Services:***

**Neuropsychological Evaluations**

* **Screening**
* **Full evaluation**
* **Adult ADHD evaluation**
* **Psychoeducational evaluation**
* **Guardianship evaluation**
* **Independent Living Skills**
* **Establish baseline**

**neurocognitive capacity**

**Neurocognitive & Memory Enhancement Strategies**

**Reasons to refer**

***Concerns about:***

* Memory loss
* More trouble than usual
  + *Concentrating*
  + *Finding words*
  + *Organizing daily tasks*
  + *Making decisions*
* Work performance
* Managing financial affairs
* Recovery and adjustment after

illness or trauma

* Behavioral problems
  + *Impulsivity or poor judgment*
  + *Agitation or restlessness*
* Mood and affect changes
  + *Increased irritability*
  + *Feelings of sadness or anxiety*
  + *Loss of meaning*

***History of:***

* Attention problems
* Loss of consciousness
* Traumatic brain injury
* Stroke (CVA)
* Substance dependence
* Diabetes
* Seizure disorder
* HIV disease
* Personality change
* Chronic mental illness
* Declining performance

**What is Neuropsychology?**

A neuropsychologist specializes in the assessment of brain-behavior relationships as well as the treatment of individuals who are having difficulty with their typical daily activities like work or caring for themselves or their family due to a medical or neurological condition.

**What to expect**

* Evaluation focused on specific referral questions
* Verbal feedback shortly after the testing is complete
* Concise and timely written reports
* Recommendations, as requested, based on strengths and weaknesses
* Documentation of changes over time
* Physician and family follow-up and consultation

**Neuropsychology Services at HRC**

FOR FURTHER INFORMATION CONTACT:

**Mareah C. Steketee, PhD**

**HRC Behavioral Health & Psychiatry, PA**

100 Europa Drive, Suite 260

Chapel Hill, NC 27517

(919) 929-1227

4201 Lake Boone Trail, Suite 201

Raleigh, NC 27607

(919) 785-0384

Voice Mail (919) 442-1127

mcsteket@email.unc.edu

[www.hrc-pa.com](http://www.hrc-pa.com/)





**HRC Behavioral**

**Health & Psychiatry, PA**

A choice for quality and security; a choice for competence, experience, individual attention, and feedback. HRC has been providing clinical, consultation, and programmatic services for over 30 years

**HRC Behavioral Health & Psychiatry, PA**

**Mareah C. Steketee, PhD**

**Licensed Psychologist**

**Clinical Neuropsychologist**

Assessment

&

Treatment

**Neuropsychology**

**Services**

**Mareah C. Steketee, PhD**

is a licensed clinical psychologist with specialty training in neuropsychology and health psychology. She is a graduate of the California School of Professional Psychology and has been in private practice offering neuropsychology services, DBT Skills Groups, and individual therapy at HRC since 2002. She has longstanding interests in neuroscience and mindfulness, which she incorporates into her orientation to assessment and treatment.